

# Czech pots of pleasure and delicious energy

## **boosting foods**

## GET YOUR GREENS!

### Beyond Superfood...

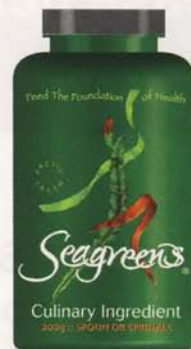
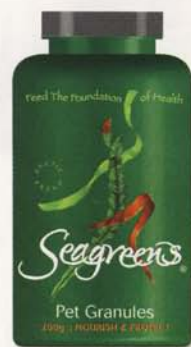
Nutritional imbalance is implicated in all our modern pandemics from autism to obesity as well as many degenerative diseases. Truly natural, sustainable nutrients are like gold dust but whereas Asia has always valued seaweed, we are only slowly realizing how it can help us. The Lapland coast of Norway with its pristine wild habitat is where Seagreens® harvest the seaweeds they use in their products, and they are probably the purest in the world.

- Seagreens® wild harvesting is sustainable and in line with Demeter biodynamic, EU and NOP Organic Standards.
- It's the only seaweed certified free of ocean-borne contaminants, toxic metals and microbial pathogens!
- Nothing is added or extracted.
- All products are Vegan and in 100% recyclable jars.

Culinary Ingredient is Seagreens® classic ready-milled grains of wild *Ascophyllum nodosum* seaweed used in cooking and baking, or sprinkled on almost any raw or cooked food. Use sparingly, for example, half a teaspoon per person in plain broccoli soup is delicious! It broadens the nutritional profile, combines well with other foods and brings out their natural flavours. You can use it instead of salt too, as it has an ideal natural balance of all the mineral salts your body needs. Salad & Condiment is a unique multi-purpose food. Pet Granules help balance micronutrient and mineral deficiencies in your animal companions, strengthening their immunity and vitality, which often shows in a shiny new coat!

This company cares about health over and beyond making good products too, as they are fully committed to widening the basis of commercial enterprise, replacing hostile competition with an open and discerning ethos that makes the most of the potential in relationships. Altogether a very positive and healthy addition to your diet and life in general!

Full nutritional information is available to consumers and medical practitioners from **Seagreens® Information Service 0845-0640040.**



## SPECIAL OFFER FOR READERS!

Seagreens® are giving 20 readers the chance to try one of their organic wild seaweed food products. Send us your name and address and if you have a pet, say "plus Pet Granules" please and you will get some of these too!

**PLEASE SEND YOUR NAME AND ADDRESS ON A POSTCARD by December 15th 2008 TO: SEA GREENS OFFER / 353 SHENLEY ROAD BOREHAMWOOD HERTS WD6 2PX**

UK readers only.

The first 20 names pulled out of our eco-hat on December 16<sup>th</sup> will be the lucky ones!