



New Approaches to Cancer

HANDS ON



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NUTRITIONAL SUPPORT FROM SEAGREENS BY SIMON.B. RANGER (full article with references available from the office)



Harvested among remote Arctic islands off the Lapland

coast of Norway - 'land of the midnight sun' - some particularly nutritious varieties of 'wrack' seaweed may be beneficial in the prevention and treatment of cancer. These wild 'sea greens' are the product of an Anglo-Norwegian venture operating sustainably to Demeter (the Biodynamic Agricultural Association) and Soil Association Standards. Among all seaweeds, their nutritional profile is outstanding partly because of their unique Arctic habitat. Their micronutrients fill all the gaps in land grown foods and have a significant level of mucopolysaccharides, special 'seaweed' phytonutrients with significant healing and detoxifying properties.

Under the brand name Seagreens®, the seaweeds are mixed and produced as easy-to-use Food Capsules and Food Granules which provide a convenient, complete dietary foundation for everyday use.

The polysaccharides in wrack seaweed have been shown to cause the destruction of cancer cells by interrupting the progress of their DNA and preventing their adhesion to healthy cells - reminiscent of the way they prevent the adhesion to the gut wall of the ulcer-forming bacteria *Helicobacter pylori*. The scientific research covers brain tumour, breast cancer, intestinal cancer, leukaemia, lung cancer and throat cancer. Where once soya was thought to account for the low incidence of cancer in Japan, this is now attributed to dietary seaweed which "has shown consistent anti-tumour activity" In conjunction with other nutrients in the seaweed, the polysaccharides also chelate

(bind) and remove heavy metals including lead, mercury, barium, cadmium, and radium from the body. Some of the UK's leading dentists use Seagreens® to detox amalgam mercury. In Japan, trials showed the polysaccharides - about 25% of the seaweed - to inhibit almost 90% of the body's absorption of radioactive strontium, removing it from the gut by converting it to an excretable insoluble salt, and from body tissue and bone where it had already passed through the gut. The Guardian last year nominated Seagreens® Food Capsules one of the two "best detox aids on the High Street".

A rich source of all the minerals and trace elements, Seagreens® help regulate the cellular nutrients, and contain all the antioxidant vitamins and minerals which cleanse free radicals. They are some 75 times more alkalizing than apples so

help maintain the blood pH balance. The micronutrients aid the metabolism of food and make other food nutrients more available to the body which may explain why deficiencies of a

known nutrient - for example iron or iodine - have been remedied not by administering the nutrient alone, but by ensuring the presence of other micronutrients needed to metabolise the 'deficient' nutrient already present in the diet. A naturopath described Seagreens® "composite ability to address illness states whilst providing a rich nutritional resource and blood/lymphatic fluid detoxification" as "a gift and is exactly what is required".

If this all sounds too good to be true, it isn't new. In 1989

in 'The Food Pharmacy', Jean Carper reported that: "modern science confirms seaweed as one of Nature's all-round pharmaceutical miracles that can accomplish everything from warding off and treating several types of cancer, lowering blood cholesterol and blood pressure, thinning the blood, preventing ulcers, killing bacteria, even curing constipation". In conclusion, Seagreens® are an appropriate adjunct to treatment and convalescence especially before, during and after chemo and radiation therapy.

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6.30—8.30

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Monday 3rd July

"Sunrise Island Bay"

The Seagreens Story

Simon Ranger (see article)

Monday 25th September

"Feeding the Hidden Hunger"

Solutions to the health maze

Oliver Dowling (Wheatgrass)

Monday 16th October

"Some of the Benefits of Cancer"

Cancer can be positive!

Xandria Williams (Naturopath)

Monday 6th November

"Art of Breathing"

Sue Hindle

Supported by a grant from Macmillan Cancer Relief

New Approaches to Cancer

is a UK registered charity promoting the benefits of holistic treatment for cancer patients and their carers. Working alongside conventional medical treatments we provide free information on a wide range of gentle complementary therapies and can recommend experienced local practitioners and support groups throughout the country. If you feel we can help you please

CONTACT US

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When diet is wrong medicina is of no use. When diet is correct medicine is of no need. Ancient Ayurvedic Proverb